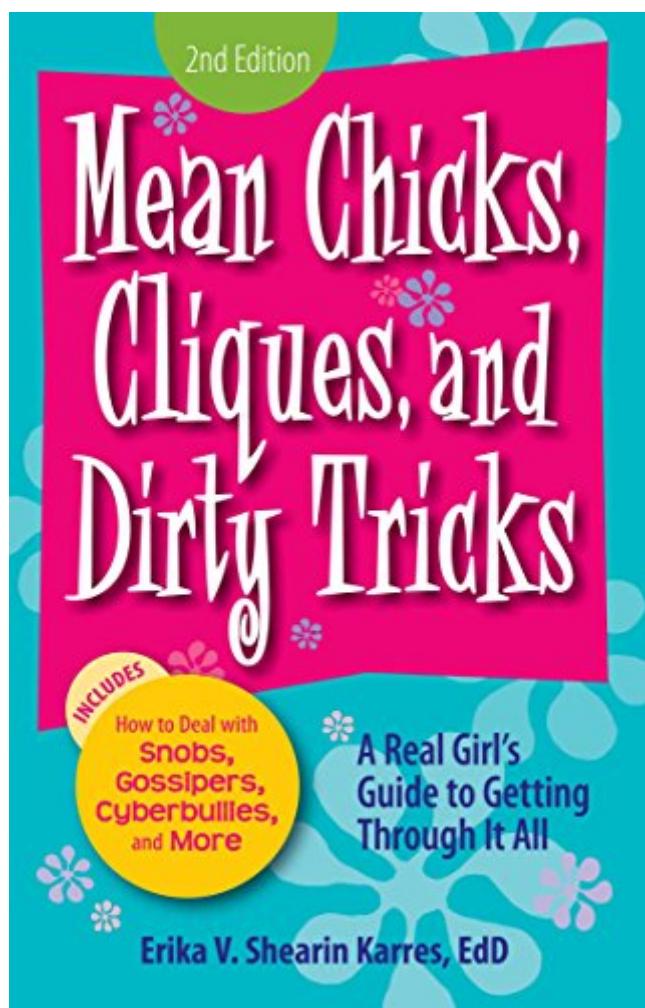


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# Mean Chicks, Cliques, And Dirty Tricks: A Real Girl's Guide To Getting Through It All



## **Synopsis**

"Cyber-bullying can be worse than being picked on in school. Like when a girl tries real hard to make me feel bad about myself. Doesn't she know how much that hurts?"<sup>14</sup>Tanya, 13"I don't know any girls that don't hurt other girls in some ways. Why? Because life is tough for girls."<sup>15</sup>Angela, 14"Some girls try to intimidate and threaten you on Facebook. It's their way to get attention. I just don't want to play their game."<sup>16</sup>Jennifer, 15Cliques. Snobs. Facebook stalkers. Twitter twits. Gossip. MySpace brats. Name-calling and showing off. Let's face it<sup>17</sup>;the girl world is tough!Mean Chicks, Cliques, and Dirty Tricks, 2nd Edition is your ultimate survival guide to backstabbers and bullies both in school and online. Girl guru Dr. Erika talked to more than 1,000 teen girls just like you to help you understand what makes mean chicks tick. She features smart strategies and powerful tools, such as:  
FYI: The real lowdown on the different types of mean chick behavior<sup>18</sup>;what causes it and what you can doAwesome quizzes: Designed to help you figure out where you stand with the mean chicks and how you can make real changesFab fixes: Hey, even a cool chick like you can feel down every now and then<sup>19</sup>;these are quick pick-me-ups for any bad dayCool quotes: Wit and wisdom from women who fought their battles years ago<sup>20</sup>;and came out on topReal Answers: Restore kindness and courtesy at your school and online Loaded with helpful advice and true stories from girls who fought back against teasing and cyberbullying, Mean Chicks is the only book you need to feel strong, confident, and triumphant.

## **Book Information**

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Nonfiction > Children's Nonfiction > People & Places > Social Situations

## Customer Reviews

I purchased this book for girls in Jr. High who are going through the transition of leaving the known entity that is elementary school, for a blending of other kids with histories of their own in a public school setting. Cliques are as big a problem for new kids as ever. Girls can be especially brutal to one another. They are learning new things about themselves as well as embarking on new social situations. This book gives voice to the feelings hard to express & lets the girls know they are not alone in their insecurities & sometimes confusion over this learning time in their lives. The author does well providing a platform for discussion among the girls we all still are inside, and the next generations. Bullying is a part of every kids' social experience in some form. I like the 'let's talk about it' approach.

This book will be helpful to anyone who experiences "Bullies" in her life. It explains their psyche, their "games", and how the recipient can handle their tricks.

I purchased this book for my daughter she is thirteen and goes through these issues spoke about in the book. It arrived on time and was well packed.

Used this for a middle school girls club. Very effective.

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